

Showcasing the creative practices, working habits and motivations of a unique set of British artists

HERBERT PRESS

The Baring Foundation



## The Artist in Time activity suggestion based on artist's practice



### Sue Gill and John Fox

Sue Gill and John Fox have a world-wide reputation. Welfare State International (1968–2006) pioneered site-specific theatre, lantern processions, big fireshows and new ceremonies for rites of passage. As celebrant-artists (now Dead Good Guides) they introduced participatory art to mainstream culture.

[www.deadgoodguides.co.uk](http://www.deadgoodguides.co.uk) • [www.welfare-state.org](http://www.welfare-state.org)

### Through My Window

We suggest you deliver this activity in two stages:

- ▶ Discussion sessions
- ▶ Art sessions

### Discussion sessions

The discussion sessions would probably work best if done in a group setting, so participants have the benefit and enjoyment of hearing other people's ideas and sharing thoughts and memories.

Use this as the starting point for discussion

*"Out of my window, I would like to see..."*

You could introduce lots of different topics such as:

Trees, birds, gardens, boats, planets, favourite view, afternoon tea, pegging out the washing, different horizons, animals, memories, dancing, where I worked, my wedding, grandchildren, school, holidays etc.

Have fun imagining what you would like to see out of the window and sharing thoughts, associations and memories. You could just concentrate on one topic or select a few to discuss in one session. Bird books, flower catalogues, an atlas, postcards and old photos might be nice prompts for discussion.

*continued...*

## Art sessions

### Materials:

Window template postcards\*, coloured pens, pencils, paper glue and materials for collages.

This would probably work best when done in a small group. Try and create a studio feel, with a big table for people to sit around, art materials and books to use for inspiration and ideas.

Using the window templates, encourage participants to do pictures of their chosen things. If people are reluctant to start drawing, using pictures of the chosen subject, as a starting point might help.

Cards can be posted to family or displayed around the home, hung on ribbons.

*\* Print out the cards on the following pages and encourage participants to complete with related images and send as postcards to family and friends. They could also be used as a catalyst to stimulate bigger paintings, stories, songs and poems.*

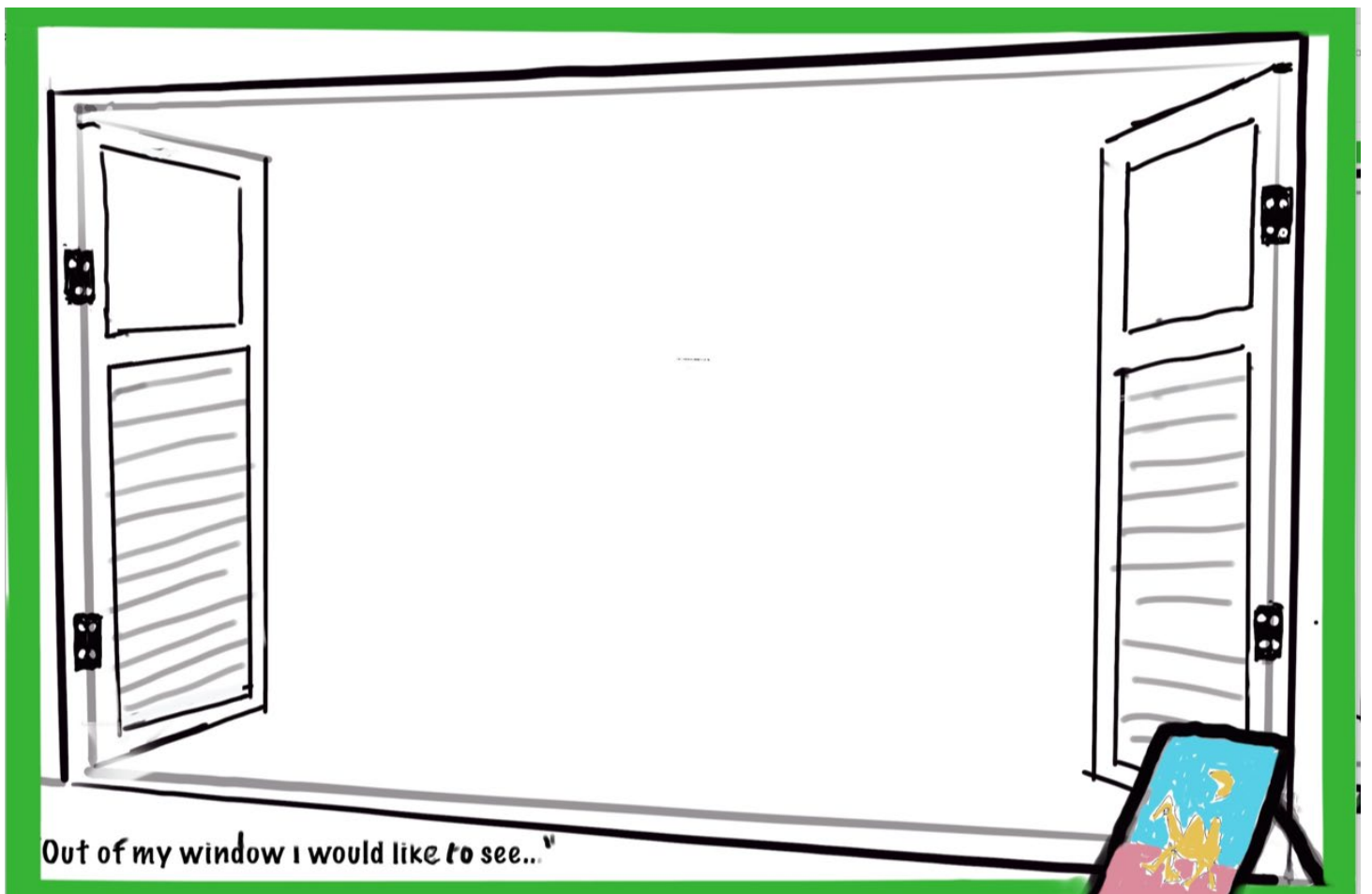
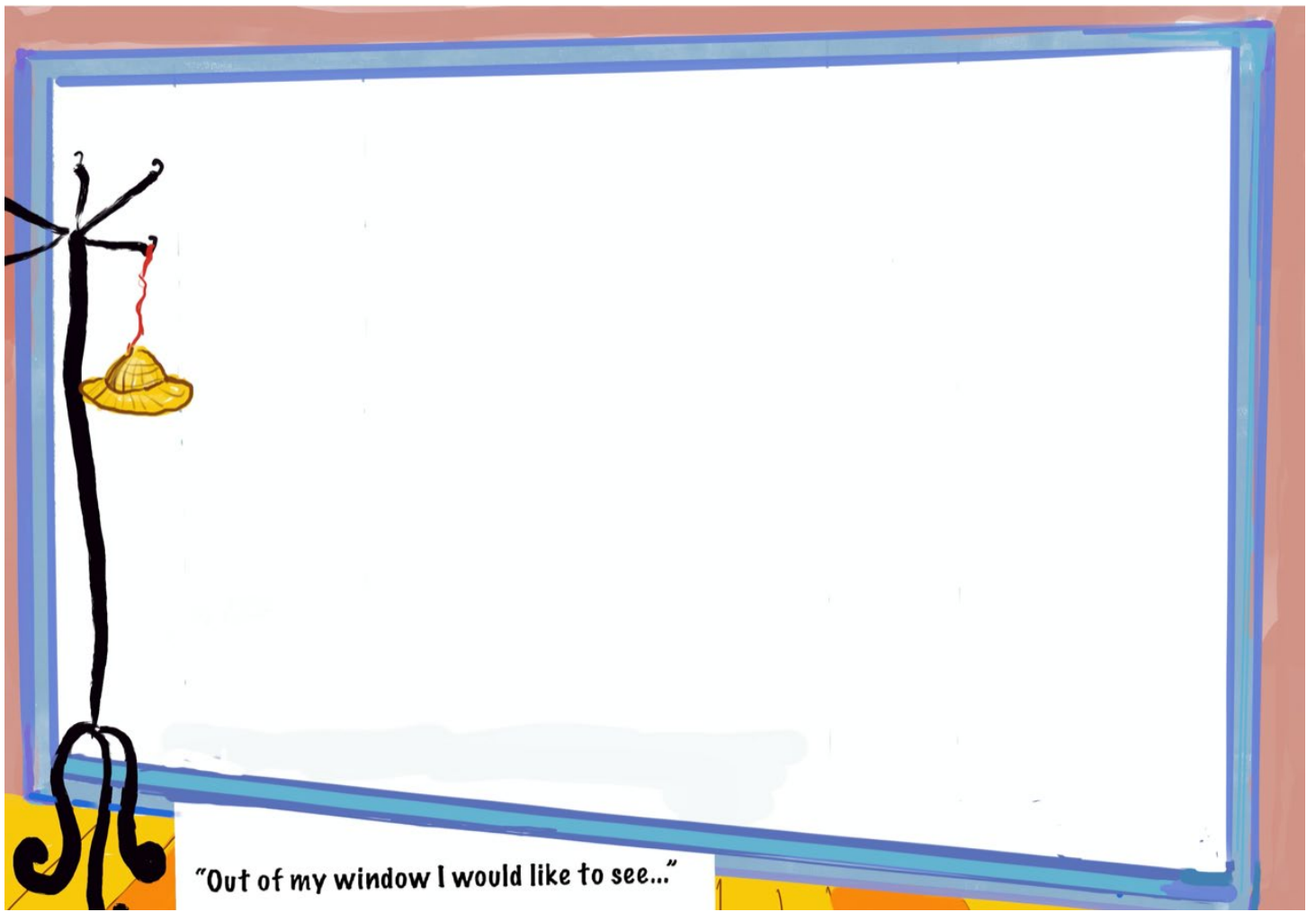
*There are two A5 cards on each A4 page. If possible, we recommend printing on A4 stiff card or heavy paper and then cutting into two A5 cards.*

*The Artist in Time* brings together 20 creatives from across the UK, with interviews and photographs that disclose their daily working habits and motivations. Arts in Care Homes worked with some of these artists to devise creative activities for care settings, based on their own practice.



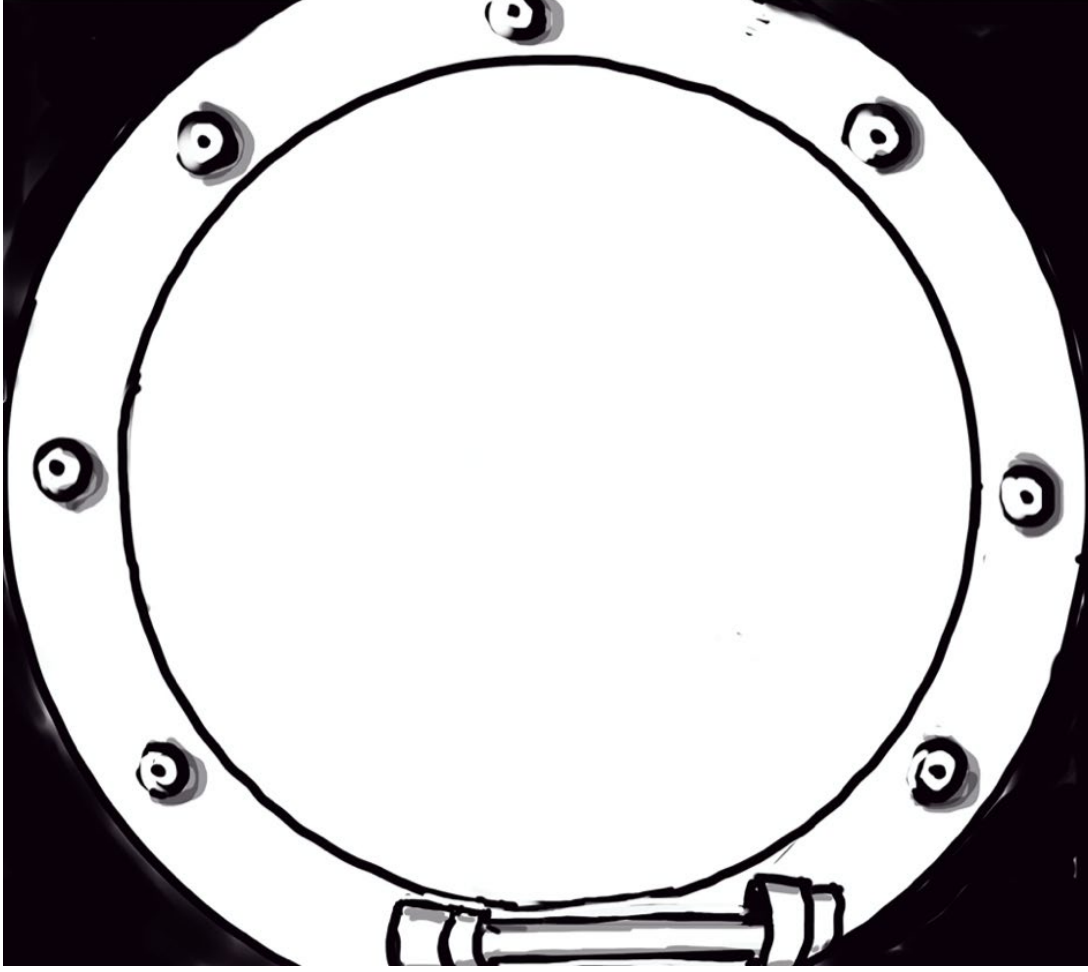
We'd would love to hear more about your experience in using this activity. Please send us your photos and any feedback to [info@artsincarehomes.org.uk](mailto:info@artsincarehomes.org.uk)  
[www.artsincarehomes.org.uk](http://www.artsincarehomes.org.uk)

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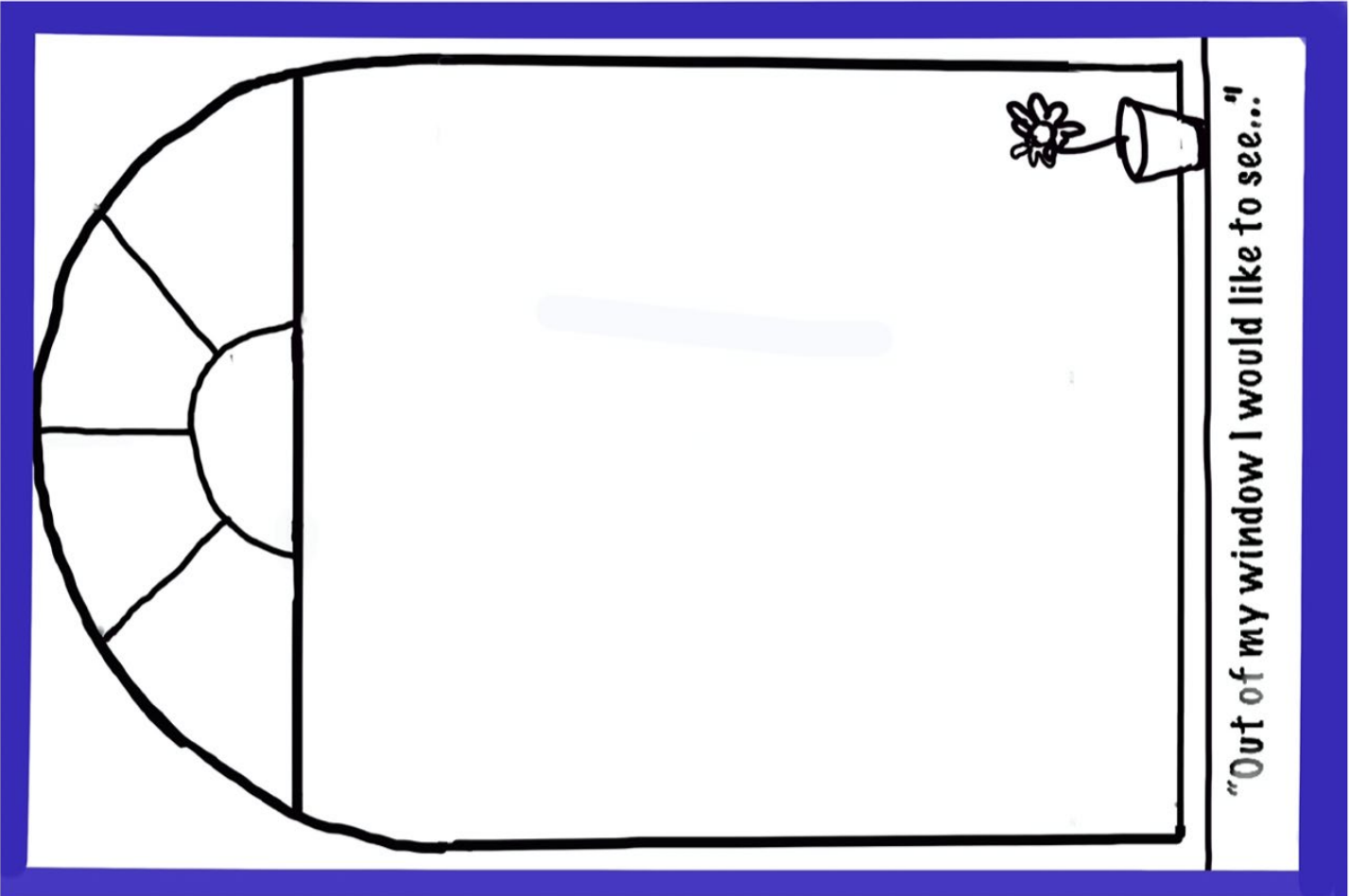








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