## #drawingonmemories

Resources for workshops in residential carehomes as part of The National Day of Arts in Care Homes (ND AICH) 2023 Supported by Sketchbook Circle

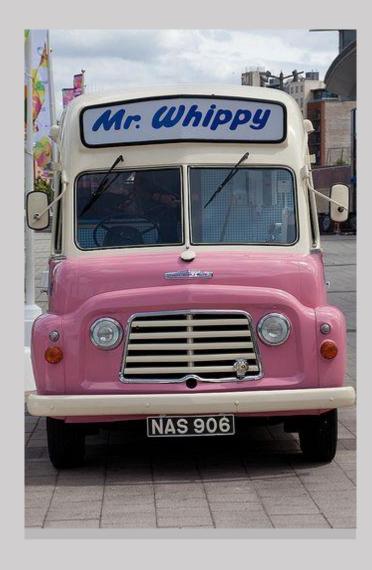




### Holidays



























#### Memory Prompts - Holidays

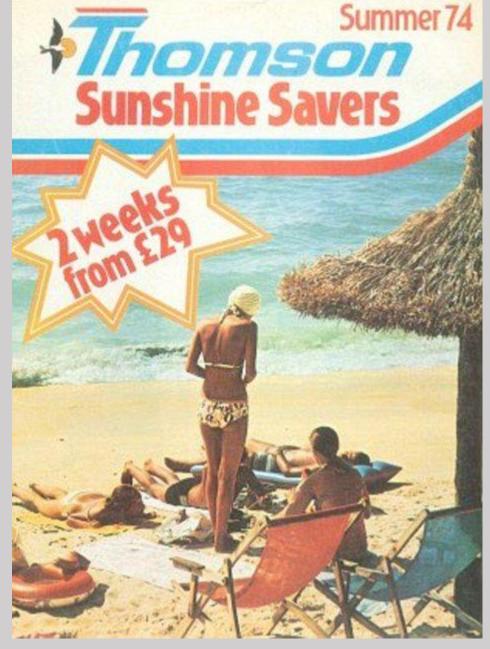




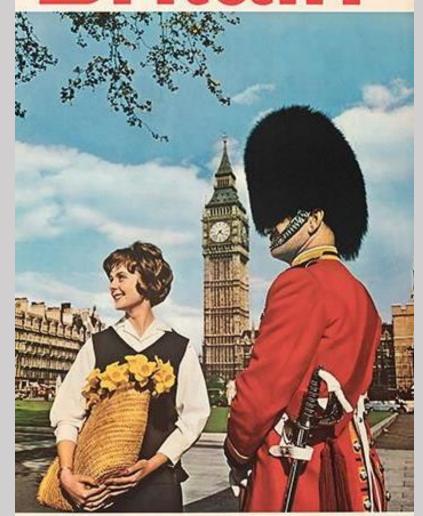
Train services and fares from BRITISH RAILWAYS stations, offices and agencies





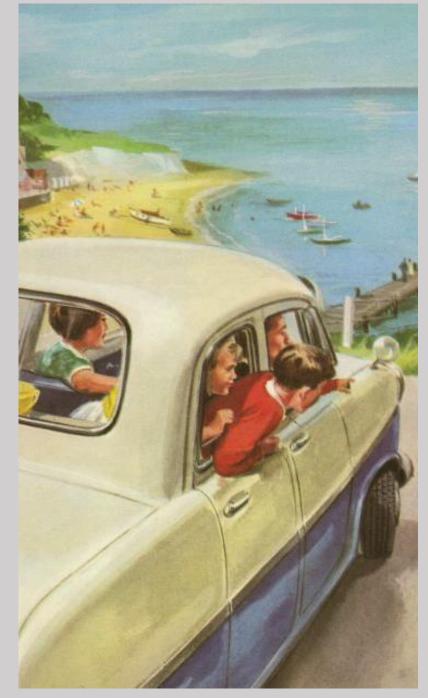


# Britain





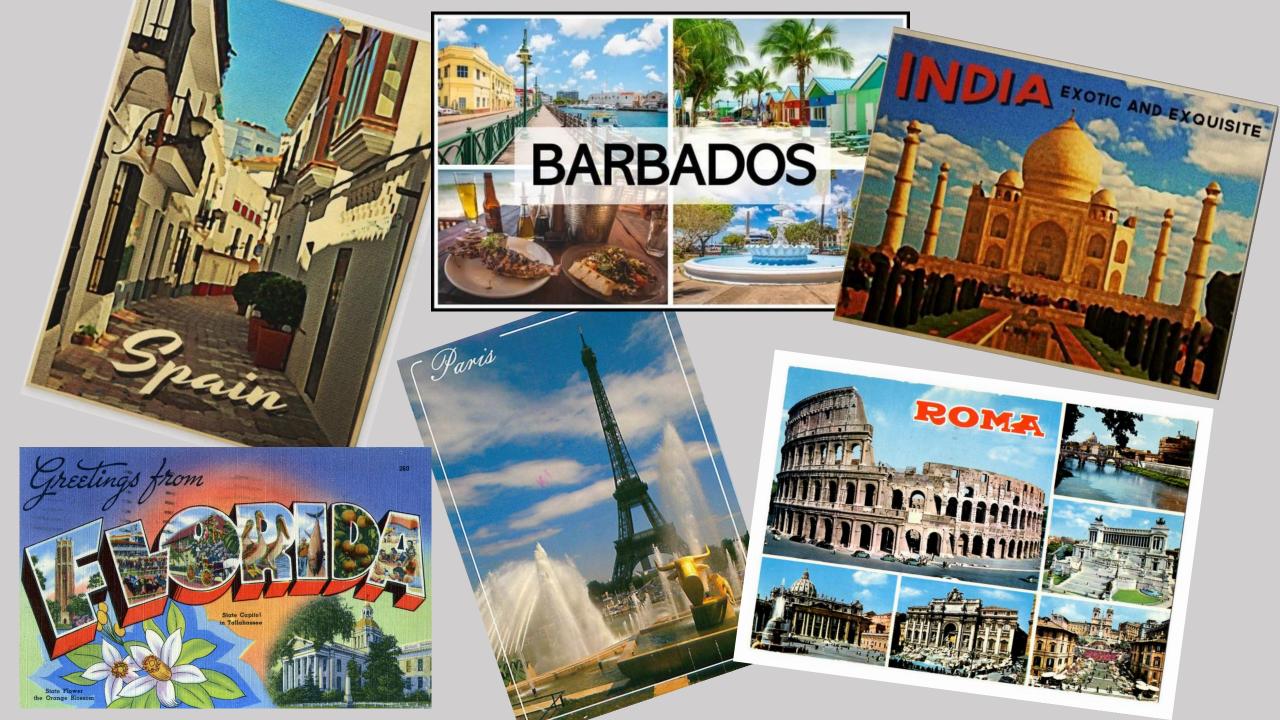




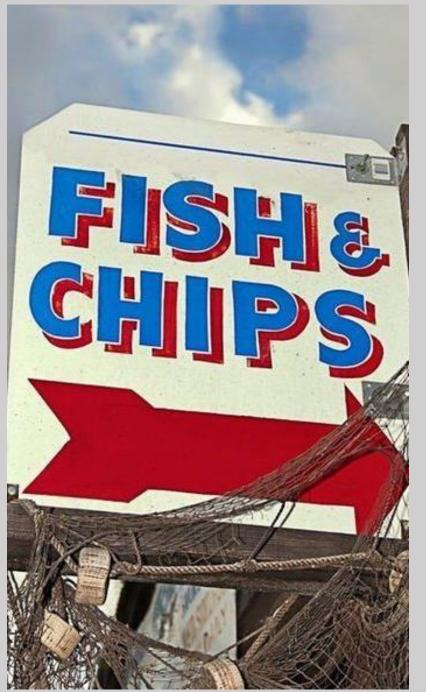


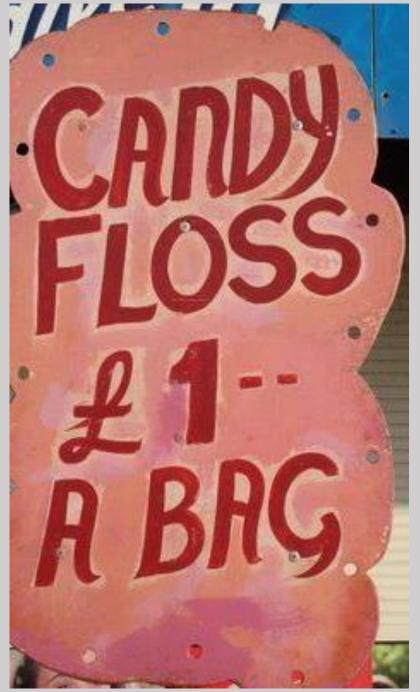












Activity Ideas – Holiday Memories as a prompt 1 hour 30 - 2 hours

- Use the images to stimulate conversation and memory sharing. 15-20 minutes
- Use the postcard printable template to briefly record memories of childhood or more recent holidays – this could be written to somebody from their past or simply be a collection of words describing the memory. 15 minutes
- On the front of the postcard participants could draw with pencil / pencil crayon / pen or use watercolour to create a scene / image of an object, based on their holiday memory. 30-45 minutes
- Alternatively, participants who don't want to draw could cut out images from the collage section of this presentation & make their own collage
- Postcards could be swapped among members of the group to stimulate conversations about what they enjoyed about making their holiday postcard. 15 minutes

**Preparation and Resources** 

Print images for discussion activity
Print postcards (either size) if possible on
heavier weight paper / thin card
Print collage images for cutting

#### Materials:

- Scissors
- Glue sticks
- Pencil crayons (water soluble ones are very versatile)
- Pens
- Optional- paintbrushes, small watercolour sets

Suggested additional resources:

Tim Holtz travel resources
Collage papers
Word stickers



