

#drawingonmemories

Resources for workshops in residential care homes
as part of The National Day of Arts in Care Homes (ND AICH) 2023
Supported by Sketchbook Circle



CELEBRATION

#drawingonmemories





Memory Prompts- Celebrations





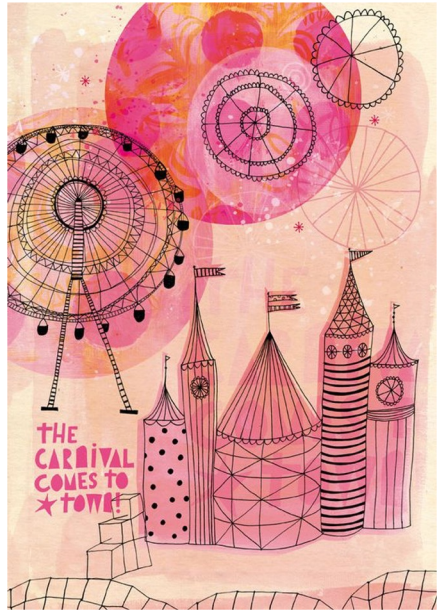
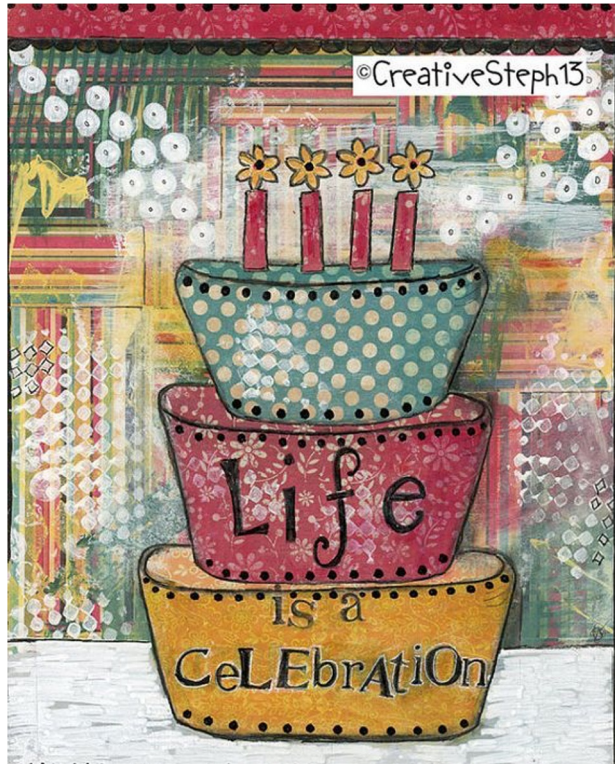








Inspiration



Activity Ideas – Celebration Memories as a prompt

1 hour 30 - 2 hours

- Use the images to stimulate conversation and memory sharing. 15-20 minutes
- Use the post it notes to briefly record memories of celebrations (or the workshop facilitator records key words) –15 minutes
- On the bunting, participants could draw with pencil / pencil crayon / pen or use watercolour to create a scene / image of an object, based on their celebration memory memory. 30-45 minutes
- Alternatively, participants who don't want to draw could paint washes on the bunting and add embellishments such as sticky stars, gem stickers, flower stickers etc.
- The bunting could be hole-punched and strung together, to be used in a later session as a focus for sharing and discussion

Preparation and Resources

Print images for discussion activity

Print postcards (either size) if possible on heavier weight paper / thin card

Print collage images for cutting

Materials:

- Scissors
- Glue sticks
- Pencil crayons (water soluble ones are very versatile)
- Pens
- Paintbrushes, small watercolour sets
- Pens for writing words
- Coloured paper for writing words
- [Stickers](#)



Alternative Activity: Memory cake

See example on previous slide.

- Using a cake template (such as the example on this slide) prepare a cake section to give each participant.
- Each person is given a section of the cake. They can collage or paint on to it.
- The words they thought of during the discussion can be printed or written out with marker pen on to white paper. These words could then be added to the cake.
- Embellishments could be added such as sticky gems, shiny papers etc. (The Works are good for cheap embellishments)
- The 'cake' layers are then put together to form the whole cake.
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