

Visuals and music

Stories and poetry

30 minutes

You will need:

A small selection of printed images linked to films, theatre or television, such as a picture from *Singing in the Rain*

A piece of music to match each of your pictures. For example a track from *Singing in the Rain* to support the image from the film

An audio device

One-to-one



Fun
Relaxing
Casual

This activity has been successfully used at the Royal Exchange Theatre's Elders Coffee Mornings on Zoom. It is a fun and engaging way to start conversations and get people involved.

To begin:

Lay out a selection of images so that people can have a look at them. If you are working in person, it is a good idea to have several copies of each image.

Ask the group if they recognise any of the images and then talk about them together. *Which do they recognise? Have they seen the film, play or programme that the picture is from? What is happening in the picture?*

For the pictures they don't recognise, *which ones look interesting? What is happening in the pictures?*

If they had to pick your favourite, *which one would they pick and why?* You could invite each person to pick their favourite and then share what they have chosen with the group.

Next:

Play each song or piece of music and then decide which piece of music is linked to which picture. *What kind of mood does the music create? What does it add to the picture in terms of mood and atmosphere? Which piece of music do they like best and why?*

You could also:

Instead of playing the music and seeing which image it is connected to, you could turn it around and ask the group if they can think of a piece of music that is connected to each of the images.

Choose images that are linked to a theme and use this activity as a starting point to begin exploring that theme.



Credit:

Royal Exchange Theatre Elders Company / Graham and Tony.

