

Tissue paper pictures

Art and crafts

30 minutes

You will need:

Tissue paper,
in a range of colours

Scissors

PVA glue,
with pots and spreaders

**Sheets of white or
light-coloured tissue paper**
(to use as the background sheet)

Pen or marker pen,
to draw the outline

One-to-one Dementia-friendly



Fun
Creative
Calm

Ideas for shapes

- Pumpkin for Halloween
- Christmas tree for Christmas
- Daffodil for St David's Day
- National flags for St George's Day, St Patrick's Day or other national celebration days
- Football or a football strip for the FA Cup
- Menorah for Hanukkah
- South American inspired 'Semana Santa' Flowers for Easter
- Landmarks for cities or places, such as a pyramid for Egypt, a red bus for London.

Credit:

West Eaton Nursing Home /
Clare Lockley.

This is a creative crafts activity that produces a great effect when displayed on a window. The result may look messy close up but once displayed on the window it looks fantastic.

To prepare:

Put pieces of different coloured tissue paper in separate boxes; you can either rip the paper into small pieces or cut into squares. This is something that you could do on your own or with members of the group that you are working with.

To begin:

Give each participant some white or light-coloured tissue paper for their background sheet. Ask them to draw the shape they are going to fill onto the white sheet using a marker or felt-tip pen which will allow them to see the shape they are filling more easily. Some suggested shapes are listed below, or some groups may like to create their own shape on the paper.

Then:

Participants can then apply PVA glue with a paintbrush to their shape, and start sticking on their chosen tissue papers. It is a good idea to do small areas at a time, alternating between gluing and sticking. It does not matter if people decide to use the same colour or many different colours – it's their choice how they construct their design.

If members of your group can't do the sticking, or don't want to, they can either sort the tissue paper into colours or rip the tissue paper up into the shapes to use.

To finish:

When participants have filled their shapes, leave them to dry and then display by sticking onto a window so the light shines through.

Look at the pictures together. Which ones do the group like the best? What techniques have people used to create their design? Which techniques are most effective? What effect does the light have when the pictures are up on the window?



